# Faires & Festivals Table of Contents

	page
I. INTRODUCTION	1
Faires, Festivals, & Celebrations. Setting Goals	
II. PLANNING	5
Decisions, Considerations, & Parameters; A Planning Overview	
III. HISTORY  Defining the Historical Time Frame  When does the Middle Ages end and the Renaissance begin?  A Faire Highlighting the Transition between the Middle Ages and the Renaissance  Highlights of the Middle Ages and Renaissance - If you have to make a decision  Medieval Faires and Festivals What where they like historically?	13
IV. FESTIVAL THEMATIC IDEAS  Theme possibilities for a Medieval Festival Medieval Calendar of Festivals and Celebrations	19
V. CHARACTERS for your FAIRE: People, Occupations, and Social Status Levels of Society Merchants, Craftspeople, and Other Occupations List for a Medieval Faire Other Characters you might find at a Faire Historical People who might appear at your Faire: Women and Men ACTIVITY: Medieval Self-Portraits	23
VI. THE MARKETPLACE, or TRADING FAIRE:  Bringing a Festival to Life with Characters, Sounds, & Sights  Merchants Other Members of the Middle Class Itinerant Hawkers of Wares and their Street Cries ACTIVITY: Medieval Sign Making Project ACTIVITY: Medieval Character Development Journal Writing Project	31
VII. COSTUMES  Medieval Costume: Fabric and Color Guidelines Lower Class, Middle Class, Nobility, and Royalty: Fabric and Colors Medieval Clothing Items, Standard Items and Accessories; Materials ACTIVITY: Costumes You Can Make Yourselves ACTIVITY: Characters & Occupations Cut-Outs in Action	35
VIII. SPREADING the EXCITEMENT, DECORATING the SPACE  Activities to Build Excitement for the Coming Faire; Special Spaces  ACTIVITIES for Decorating Your Spaces	45
IX. ADDITIONAL ACTIVITIES  ACTIVITIES to build interest for the coming school faire ACTIVITIES to prepare and organize for presentation at Faire ACTIVITIES more activities your Faire or Festival might include ACTIVITIES for groups ACTIVITY: Decorating Your Spaces Medieval-style	47
X. FOOD  Table Manners and Traditions Medieval Snacks ACTIVITY: Rules of Etiquette Reading ACTIVITY: Recipes for a Medieval Feast ACTIVITY: Language and Food Detectives: Translate a Recipe from Middle English	51

XI. I	KNIGHTS and KNIGHTHOOD  Background Information St. George, the Most Famous Knight	57
	HERALDRY  Background Information  ACTIVITY: Designing a Coat-of-Arms for a Shield or Banner  Display of Charges; Shapes of Shields	59
XIII	. LITERATURE: HISTORIC THEATRE and ORAL FORMS	67
	Survey of Historic Literary styles ACTIVITY: St. George and the Dragon Mummer's Play	
	DRAGONS About Dragons: friend or foe? ACTIVITY: Dragons of the World, and other projects Dragons from different traditions Elizabethan Medicine and Dragons	71
	MATH, SCIENCE, and INVENTIONS  Fact vs. Fantasy: the Changing Face of Scientific Understanding ACTIVITY: "Facts" that have changed Medieval vs. Modern Scientific Attitude Systematized Science The Importance of the Crusades; Contributions from the Arabic World Medieval Scientific Notions Topics for Discussion ACTIVITY: Constructing a Monochord Dance, Art, & Mathematics	75
	LANGUAGE and WRITING Shakespeare on Words Middle English vs. Early Modern English A Selection of Memorable words and their Meanings from Chaucer's Day Practical Usage: Greetings, Phrases, etc. ACTIVITY: Phrase for the Day ACTIVITY: Language of Shakespeare Hunt	83
XVI	I. MUSIC  Background Information  Notes about musical selections contained in this book  Instruments of the Middle Ages and Renaissance	89
XVI	II. DANCE Background Information; Survey of Dances ACTIVITY: Farandole	101
	ORCHESTRATING the FINAL EVENT Format, Further Activities, and Final Reminders	105
XX.	EVALUATION	107
Wor	ksheet Medieval Instruments and Music Vocabulary Medieval Guilds Chaucer's Language	

**Musical Selections** 

Additional Materials, Performances, Workshops from the Authors

## About the Authors, the Book

#### Sondra Bromka & John Bromka

Sondra and John Bromka are "Renaissance" people: Master Artists-in-Education, as well as musicians, playwrights, storytelling and visual artists. During their 20-year partnership, the Bromkas have worked together to inspire in others a passion for exploring the arts --- music, art history, dance, literary arts, and other cultural traditions --- that comprise the exciting heritage of the Renaissance & Middle Ages.

To help people share the fruits of their inspiration, and to celebrate the real excitement these historic periods offer, the Bromkas have collaborated, instigated, and propelled scores of Renaissance and Medieval events into being over these many years. Collaborating partners range from elementary schools, high schools, and universities to corporations, communities, historic sites, and libraries.

Sondra and John continue to work with schools and communities to design and implement events that celebrate learning, accomplishment, and teamwork. Each and every faire and festival stands distinct in the memory, a delightful mirror to each unique team. This book is a collection of the Bromkas' ideas, discoveries, accumulated experiences, and reflections on the process of coming together to hold delightful history-based events. Use these ideas to inspire and weave your own magical Renaissance adventure that will go down in the annals of history!

### "Bells & Motley: Olden Music and Storytelling"

The Bromkas' early music performance group has enjoyed a long success, gaining a dedicated audience (both adults and children) for lively concerts and original historical musical theatre productions. Since 1977 this accomplished duo has been featured upon the stages of national Renaissance Faires, including Sarasota Faire, Pennsylvania Renaissance Faire, and most especially, the Sterling Renaissance Festival of upstate New York, where John was a founding member. The artists are especially notable for their mastery of a vast and unusual instrumentarium...an amazing collection of period instruments that includes historic replicas built by John, himself a master luthier.

In addition to a busy schedule of public performances in venues including concert halls, historic sites, libraries, faires, & festivals, Bells & Motley's year is complemented by extensive work as teaching artists. Sondra and John have created a rich palette of innovative workshops, performance programs, and interdisciplinary residencies. They weave a kaleidoscope of art forms to inter-relate arts with all academic disciplines, reaching students of all interests.

Continually building their own base of knowledge and understanding, the Bromkas take annual research pilgrimages to Europe, and have assembled an armory of ideas, materials, skills and techniques, and slide images. Tremendous resources themselves, Sondra and John are eager and honored to share what they have learned with others at conferences, workshops, schools, and universities. Please inquire for catalogs detailing the Artists' many programs.

#### For more information about programs, other publications, CDs:

Bells & Motley Two North St Marcellus NY 13108 (315) 673-2995 e-mail: bellsandmotley@earthlink.net www.bellsandmotley.com



A Flemish village marketplace festival, Breughel